Describe the time series of your activity in a morning

after you get up until you leave home.



Please use the chart as you like. The vertical axis indicates how you feel.



Interview your partner

about the time series of his/her activity in a morning each other.

① Interview (5 min.)

Summary of interview

(Focus on activities with strong emotion)

2 Additional Interview (3 min.)

Summary of interview

(Focus on a reason of the activities)

Analyze the activities of the partner

Note: You can interview more

(partner's name) (his/her situation) is doing needs a way to (verb, jobs, activity) Because **Therefore** (superficial motivation/feeling: Functional/Emotional/Social) but actually / however wheres (real reason, surprising insight, impediments) Note: The Last line should make a state of "Skew" (ex. tension/contradiction/surprise.)